



March Spirit Walk - Twin Brook Recreation Area
Thur, March 16, 9 am

Where: Twin Brook Recreation area

When: Thursday, March 16th

Meeting Time: 9 am (walk will start no later than 9:15 am)

Meeting place: Parking lot

Directions: 162 Greeley Road--use this entrance/parking lot

Sign-up: email cpascarella@maine.rr.com or call 688-2240 with your name and contact number. This also helps so we can contact you if we have to cancel due to weather.

Bring: Please bring snow shoes...wear sturdy shoes with good tread, please dress for the cold weather, sun block, walking poles and your own snack and water. Depending on trail conditions, cleats or snow shoes may be warranted.

Rest rooms: unsure if open

Dogs are welcome preferably on leash

Please read the description of the walk to assure it is suitable for you.

Information can be found

at: https://www.cumberlandmaine.com/sites/g/files/vyhlf9216/f/uploads/twin_brook_map_2022.pdf