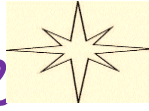


March 2022



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	40 Day Lent Challenge
		1 Shrove Tues. Pancakes for dinner	2 Ash Wed. 5:30pm service St. Barts	3 Confirmation Class 6:30-8:00 pm	4	5	#1 Attend Ash Wednesday Service #2 Say a dinner prayer for the next 40 days. #3 Give up something as an individual #4 Agree as a family to give up something
6 Family Led Learning Homily <i>Lent 1</i>	7	8	9	10 Confirmation Class 6:30-8:00pm	11	12	#5 Attend a church service in person or online #6 Light a candle and have 1 minute of silent reflection #7 At dinner say 1 kind thing about each family member #8 Donate a bag of clothes to a Shelter #9 Go for a walk- be kind to your body #10 Read a book to a younger sibling #11 "Fast" by giving up screen time or reducing screen time for a day or a week
13 Meet & Greet! St. Barts 10:30am <i>Lent 2</i>	14	15	16	17 Confirmation Class 6:30-8:00pm	18	19	#12 Attend a church service #13 Attend St. Barts family gathering! #14 Say a prayer for world peace #15 Read a Lenten-themed book #16 Thank God for the kind people in your lift #17 Make a card for someone or draw a picture
20 Family Led Learning <i>Lent 3</i>	21	22	23	24 Confirmation Class 6:30- 8:00pm	25	26	#18 Attend a church service #19 Tell a favorite teacher what you appreciate about them #20 Give someone a hug today #21 Do another family member's chore #22 Say a thankful prayer before bed #23 Pick a Bible reading from Lent #24 Choose a healthy food instead of a desert for 1 week
27 Family Led Learning <i>Lent 4</i>	28						#25 Attend a church service #26 Bake some pretzels

March 2022



The sacred season on Lent where we reflect, and prepare our hearts for the celebration of Easter. Try the 40 day challenge, where each day you are intentional about the focus on Jesus. I have included some ideas for each week in Lent. Maybe you can pick a few that fit with your family or think of others that resonate with you.