



**Book-of-Two-Months  
Club:  
Falling Upward:  
A Spirituality for the Two  
Halves of Life**

uniquely yours, we hope you'll join the book club as we read and discuss ***Falling Upward: A Spirituality for the Two Halves of Life*** by Franciscan Friar and Ecumenical spiritual teacher, Richard Rohr.

Our discussion will be facilitated by Maria Guarino, a Benedictine Oblate and alumna of the Living School at the Center for Action and Contemplation. Please contact Maria for more information and to be added to the email list for the Zoom link: [maria.s.guarino@gmail.com](mailto:maria.s.guarino@gmail.com) We'll meet at 7:00pm (via Zoom) on October 12 and November 9

You can order the book directly from the Center for Action and Contemplation bookstore ([store.cac.org](http://store.cac.org)), or from your preferred bookstore. For those interested in guided reflections, there is also the ***Falling Upward Companion Journal***. We'll discuss the Introduction through Chapter 6 on October 12.